

LOS&CRC LEGENDS – Come row with us!

Most students have committed 4 – 5 years to school rowing, working towards training 7 times a week, if not more.

Every year after Head of the River, over 150 Year 12 rowers will no longer row for their school. On average, less than 10 of them will join a club and maybe 5 of them will still row 3 years later.

SA Clubs are far less wealthy than the school programs – the equipment in general is of lesser quality – you'll spend most your time in small boats – you'll receive far less individual coaching. Sounds attractive? Not really.

We started the Loreto Old Scholars and Community Rowing Club in 2017 to do things different and to increase the retention rate in our sport for school leavers – and with success!

Operating through a strong connection with the Loreto Rowing program, we have access to good equipment and coaching and offer a program that is all about enjoying the sport we have all invested in so much.

Keep rowing and come row with us!

Here's what you'll like:

Monday and or Wednesday morning rows / Flexible commitment / Options for indoor sessions / Focus on big boats, small boats optional / Regattas when you're available / Christmas Dinner / social events / Great group of girls / FUN / affordable

Please contact one of the following if you are interested:

Hannah Sexton – President: president@losa.org.au

Kate Chapman – Captain: kateelizachapman@outlook.com

LOS&CRC LEGENDS – let's keep rowing (and have) fun 😊